



auriga

Spa Menu





Auriga Spa

Nestled in the lush rainforest of Sentosa Island, Auriga Spa at Capella Singapore is a perfect cocoon to rest, rejuvenate and tap into the celestial rhythms. Auriga, whose namesake is a constellation in the northern hemisphere, has a distinctive approach to wellness and beauty based on the cycles of the moon.

Since time immemorial, it is believed that the different moon phases impact the body in very specific ways. The New Moon is the time for renewal and introspection; the Waxing Moon is a period to refocus your body and embody your visions; the Full Moon is when one's full potential is achieved; and the Waning Moon is the perfect time for detox. Auriga Spa has designed four signature treatments, in accordance to the lunar phases and its varying energies.

Auriga Spa houses nine treatment suites, each featuring a private outdoor garden. We warmly invite you to begin your spa experience at our Vitality Pool, Herbal Steam Room, Experience Shower and Ice Fountain. The Relaxation Lounge is available pre and post-treatment for extra quiet time to relax.



TEMPORARY RELOCATION
OF AURIGA SPA AT
COLONIAL MANOR 1

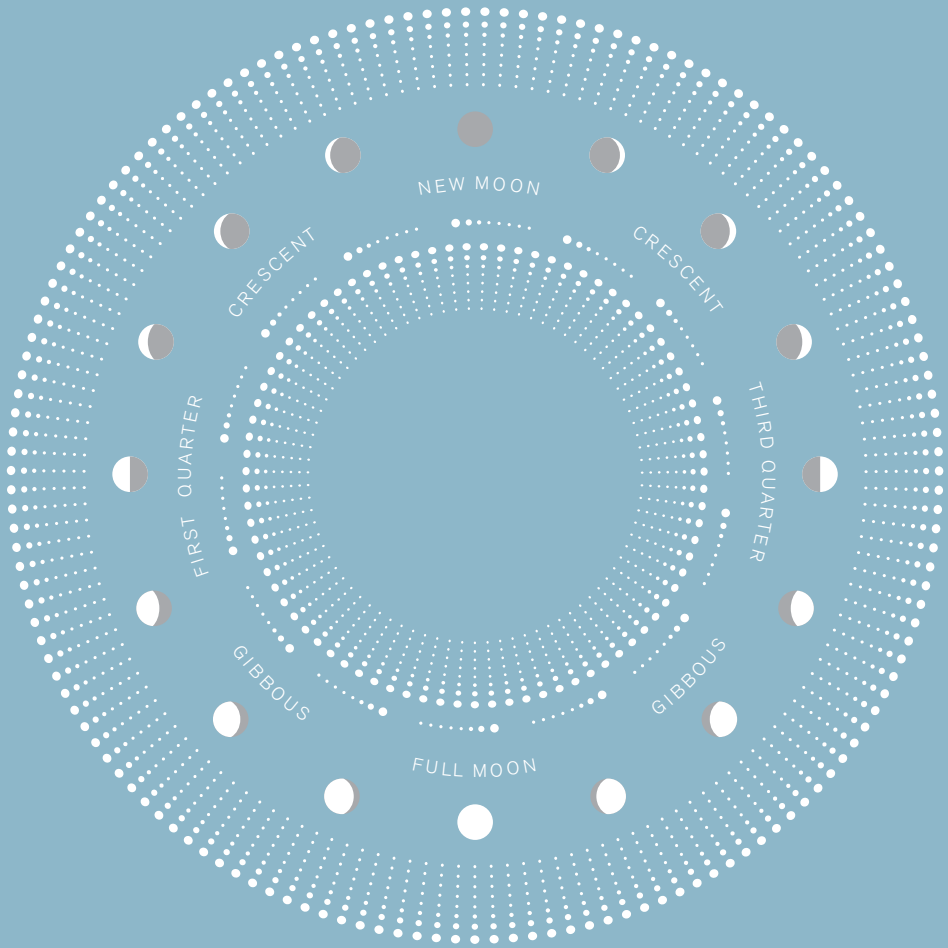
Jogging Route

Route 1 - 0.8km

Route 2 - 17km

Access to Palawan beach from the Main Hotel Building via swimming pool terraces

Access to Palawan beach from the Clubhouse via pool terrace



AURIGA SIGNATURE MESSAGES



Stress-relieving massage techniques and 100% natural organic massage oils are combined to curate these unique experiences aligned to each lunar phase. It is recommended to experience these therapeutic massages during the specific moon cycle for optimal benefits.

NEW MOON

Based on Swedish massage technique

A stimulating full body massage using a detox oil blend to ease muscle tension and restore the balance of the mind and body.

WAXING MOON

Based on Aromatherapy massage technique

A healing massage focusing on the joints, using the uplifting properties of Rose and Jasmine oil to improve flexibility and physical well-being.

FULL MOON

Based on Myofascial massage technique

A sustained pressure is applied into the connective tissue with a floral oil blend to release muscle tension and enhance circulation.

WANING MOON

Based on Lymphatic massage technique

A light and rhythmic massage is applied with a detox oil blend to improve lymphatic circulation and reduce water retention.

60 MINUTES \$190 | 90 MINUTES \$260*

**Every 90 minutes body massage includes a facial cleansing massage and nourishing scalp massage*

All prices are in SGD, subject to 10% service charge and 7% government taxes.



HOLISTIC MASSAGE THERAPIES



BALINESE MASSAGE

Handed down through generations, this relaxing body massage combines long kneading strokes and stretching to calm and strengthen your body.

GOLFER'S MASSAGE

A deep tissue body massage designed to ease muscle tension, with a focus on arms, shoulders and lower back. This treatment can also be tailored to your specific needs, fitness or strenuous physical activities.

JET LAG REMEDY

A restorative massage with the use of light to medium pressure that aids in improving circulation. Stimulating Elixir of Life with Ginseng or calming Valerian Complex assist in balancing your sleep patterns.

CUSTOMISED MASSAGE

Tailor your own blissful moment with your selected aromatherapy oil and massage technique best suited to your needs and preference.

60 MINUTES \$190

90 MINUTES \$260 (includes oil scalp massage)

120 MINUTES \$320 (includes facial cleansing & massage)

(All body massages include a dry scalp massage.)



HOLISTIC FACIALS by THE ORGANIC PHARMACY



Auriga Spa's facial rituals offer personalised organic nourishment for the skin. Natural and effective products uncover your skin's full potential.

ROSE CRYSTAL LYMPHATIC FACIAL

60 MINUTES | \$190

90 MINUTES | \$260

The Signature Experience is a luxurious treatment that brings out the radiance in you. Awaken the lymphatic system with Rose Crystals and acupressure massage. This facial includes deep cleansing, AHA exfoliation and steaming with the application of Vitamin C & Seaweed, Honey & Jasmine and/or lifting Collagen intense masks while receiving a scalp massage using our nourishing hair serum. The extended 90-minute version includes a soothing massage of your hands, arms and feet.

60 minutes 2 facial masks

90 minutes 3 facial masks

COLLAGEN BOOST ANTI AGEING FACIAL

75 MINUTES | \$220

Super anti-ageing ingredients are used in this facial to rejuvenate and boost Collagen production. Rich cleansing, AHA exfoliation, acupressure facial massage with Honey & Jasmine, followed by a miracle Collagen boost mask. A powerful combination of antioxidants, Rose Hip seed serum and Marine Collagen complex instantly lift, tighten and brighten the complexion. A scalp massage is included to make it a complete relaxing treatment.

GENTLEMAN'S FACIAL

60 MINUTES | \$190

This deep cleansing treatment is specifically designed for gentlemen using powerful organic plant extracts to give immediate visible results. Tired skin is revitalised with skin-protecting Aloe Vera extracts and Green Tea antioxidants. Cleansing, exfoliation, steaming and a purifying seaweed mask are further complemented by a blissful massage on the shoulders, neck and head. Tensions are melted away, leaving both skin and body energised and refreshed.

All prices are in SGD, subject to 10% service charge and 7% government taxes.



MOTHER WELLNESS EXPERIENCES



Our Auriga Spa's pregnancy experiences are indulgent moments to support expectant and new mothers, giving them a much needed pampering during this period.

Our pre- and post-natal treatments are designed to meet the needs of expectant mothers (that are 14 weeks pregnant) or more and new mothers. Nurturing and restorative massage techniques, performed by our skilled therapists to help alleviate muscle tension. Specially formulated organic products made with pure nourishing oil blends of calendula, chamomile and lavender help keep the skin nourished.

PRE OR POST NATAL CARE

60 MINUTES | \$190

90 MINUTES | \$260

This massage promises to be a blissful session. A massage tailored to your body's needs with focus on specific areas such as aching back and heavy legs to alleviate the muscle tension.

YOUR GUIDE TO AURIGA SPA



HOURS OF OPERATION

The spa is open daily from 10:00am to 9:00pm, or by prior appointment. The last treatment starts at 7:00pm.

RESERVATIONS

For our hotel guests, dial 5075 from your room phone.

For guests from outside the hotel, please dial +65 6591 5075 to book your appointment. We are accepting bookings after November 9th, 2020 when we are back in Auriga Spa.

To ensure your preferred time and services are available, advanced booking is advised and a reservation is required during the period of October 19 to November 9, 2020.

We welcome hotel guests aged 18 and older to visit Auriga Spa at Colonial Manor. For our teen spa offerings, an adult is required to be present in the same treatment room.

LATENESS AND CANCELLATION POLICY

Please understand that your late arrival may result in a reduction of treatment time as a courtesy to our next spa guest. We kindly ask for your cooperation to give a minimum of eight hours notice for changes or cancellations. With fewer than eight hours notice, you will incur the full cost of the original treatment. If spa appointments are reserved before arrival at our resort, the spa cancellation policy follows that of your resort reservation.

ARRIVAL

We encourage you to arrive up to 15 minutes prior to your appointment to check in and complete our health assessment. You may ask for buggy service to bring you to the Manor. Please take into account adequate time for the journey to the spa.

HEALTH CONCERNS

When making your spa reservation, please advise our Auriga team of any health conditions, allergies, or injuries that could affect your service. You will need to complete a Health Assessment prior to your treatment to ensure your utmost comfort and safety, as well as to provide a service customised to your needs.

SPA ETIQUETTE

Our spa environment is one of peace, tranquillity and relaxation. Please contribute to this environment by speaking in soft volumes. Please respect all spa guests' right to privacy and refrain from using your mobile phones and cameras during your time with us. Auriga is a smoke-free zone.

During your time at Auriga Spa at Colonial Manor you will be provided with a robe, towels and slippers inside the spa treatment room. We provide disposable undergarments at your request. We recommend that you leave your jewellery and other valuables in the safety deposit box in the guest room as we will not assume liability for personal property.

Following safety regulations a mask must be worn at all times in the Manor including during your spa treatment. Food and Beverage service is limited to water.

HOME CARE

To continue your Auriga Spa experience at home, all The Organic Pharmacy products used in our treatments are available for sale at the reception. Our team will be most happy to assist you with your selections.

GIFT CERTIFICATES

Our gift certificates make a wonderful present for any special occasion. All Auriga Spa gift certificates are covered under the appointed insurance agency by Capella Singapore and are CaseTrust-certified.

CASETRUST POLICIES



Auriga Spa offers goods and services of satisfactory quality as defined in the Sales of Goods Act S14 (2), Consumer Protection (Fair Trading) Act and Lemon Law.

Auriga Spa has policies on warranties and service guarantees, and accords a cooling-off period of at least 5 days (exclusive of Saturdays, Sundays, and Public Holidays) to allow guests to seek full refund of payment made if guests do not wish to proceed or are dissatisfied with the services offered.

Auriga Spa has a no return policy for products or services once sold or delivered. Additional terms and conditions apply for any exchanges.

Auriga Spa has a policy stating terms and conditions for redemption of gift voucher as stated on the back of the gift voucher.

Auriga Spa is not engaging in selling activities or any form of selling tactics during treatments and in treatment room.

Auriga Spa has a policy to inform and protect guest with approved insurance upon sale of gift voucher. All pre-payments including, but are not limited to packages, gift vouchers, and membership fee will be covered by approved insurance.

Auriga Spa honours the prices quoted at the time of booking for services.

Auriga Spa has a policy on the security of guest particulars. Personal information collected by Auriga Spa will solely be used for the purposes of effectively rendering the services as requested by the guests. Sales and marketing and promotional communications will only be received with guest consent.

Types of payment accepted: DEBIT CARD, CREDIT CARD (VISA/MASTERCARD/AMEX/UNON PAY) and ROOM CHARGE (for hotel guests and club residence only). Auriga Spa does not accept any foreign currency.

The cancellation policy is 8 hours for any changes or cancellations to a single treatment to avoid full charge. A 24 hour notice is required for any cancellation or changes to bookings for Wellness Experiences, Day Spa Experiences or Group bookings of four (4) people or more.

For full version of casetrust policies, please contact Auriga Spa.

