



**PRESS RELEASE FOR IMMEDIATE RELEASE**

**CAPELLA UBUD UNVEILS AURIGA WELLNESS**

**WITH SIGNATURE LUNAR PHASE TREATMENTS**

**A SPIRITUAL AND ADVENTURE WELLNESS JOURNEY**

**BASED ON LUNAR CYCLES, BALINESE AND HINDU TRADITIONS**

Capella Ubud, Bali set in the heart of Bali's rainforest, launches the Auriga Wellness inspired by 100% natural organic products, pampering and treatments and drawing on the varying energies of the lunar cycle. Treatments are based on Balinese and Hindu traditions, with signature treatments dedicated to the phases of the Moon:

The New Moon for renewal and introspection

The Full Moon to fulfil one's potential

Set amongst rice paddies, steep ravines and cradled within the tropical trees of the rainforest, Auriga Wellness at Capella Ubud, Bali is part of the Bill Bensley architectural design of the ultra-luxurious tented camp, which is itself defined by nature and the environment.

To complement the guest experience, Auriga Wellness has developed a range of spa treatments influenced by the rhythms and energy of the moon.

Simon Dornan, General Manager says: "Our setting is fused within the tranquillity of the rainforest, reflecting the sanctuary of privacy and luxury that we will offer every guest. The same is created within our wellness and spa programme with specific techniques, products and scents for each moon phase. The New Moon means a time for renewal and introspection, so for example, we offer a revitalizing seaweed and eucalyptus salt scrub, a seaweed wrap concluding with a full body massage of rosemary and eucalyptus oils. The Full Moon inspires traditional remedies said to boost health and vitality, puts the properties of the rose at the centre of treatments."



The Auriga Wellness programme will nurture the mind, body and spirit offering activities mixing aerial yoga workouts, personal training, TRX, Pilates, Barre-based classes, Balinese dance-inspired classes, rainforest and rice paddy trekking, jungle boot camps and community-based and cultural experiences including boreh making – the tradition of creating a centuries old healing recipe of herbs and exotic spices used to revive the body as a mask and scrub.

“The guest experience commences before our guests leave home, with our Personal Assistants reaching out to obtain their preferences and desires for their upcoming stay with us, ensuring that we have everything arranged just the way they like it. An experience at Capella Ubud, Bali will be a close to nature, under canvas experience and an enriching journey for the mind, body and soul with our diverse wellness programming, that is complemented by a team of highly qualified therapists and wellness experts as well as the renowned refined and highly personalized service of Capella hotels” continued Mr Dornan.

Another signature wellness experience is the “24-Hours Confined to Quarters” program, which allows guests to disconnect from their devices, connect to nature and reconnect with a loved one whilst being completely pampered from head to toe. ‘Confined to Quarters’ includes an Auriga moon treatment, yoga sessions, raw detox lunches and a camp roast dinner hosted by the Chef with a Camp Ambassador tending to their every wish, in the privacy of the guest’s tented retreat and its immediate surroundings. The program concludes with a signature bed time ritual followed by a spiritual purification ritual and “jamu” (a turmeric elixir), the following morning.

Other wellness experiences can include the spiritual treatment of a water purification ritual where a guest is blessed by a local priest in the ancient spring of The Beji, situated in the near the sacred Wos river at Capella Ubud, Bali, sound healing, chakra balancing and Tai Chi.

Capella Ubud, Bali and Auriga Wellness will open late Spring 2018. Rates start from USD 838 per retreat, per night plus service charge and taxes.

For more information and reservations please contact [info.ubud@capellahotels.com](mailto:info.ubud@capellahotels.com).



### **About Capella Hotel Group**

Capella Hotel Group, headquartered in Singapore with offices in China, Europe and USA, offers global hospitality management services through two distinct brands. Capella Hotels and Resorts is an ultra-luxury hotel, resort, and residential concept designed for the most discerning travelers and offering personalized attention with locations in Düsseldorf, Saint Lucia, Shanghai and Singapore as well as hotels planned for Ubud, Bangkok, Sanya, Maldives and Sydney.

Solis Hotels and Resorts, is an exclusive collection of resorts, hotels and residences designed for travelers and meeting planners who seek an environment with a global palette of cosmopolitan comfort, inspiring cuisine, world-class spas with locations in Donegal, Ireland; Nanjing, China and Atlanta, USA along with hotels planned for Bali and Guangzhou.

Learn more at [www.capellahotelgroup.com](http://www.capellahotelgroup.com)

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